

## Diseases and Discoveries of the Urothelium Workshop 11 Monday 23 August 2010, 09:00 – 12:00

Time	Time	Topic	Speaker
09.00	09.10	Introduction	Ricardo Saban
09:10	09:50	Translational Animal Models	Firouz Daneshgari
09:50	10:30	The urothelium	Lori Birder
10:30	11:00	Break	
11:00	11:30	Bladder sensory desensitisation decreases urinary urgency	Francisco Cruz
11:30	12:00	Neuropilins (NRP1 and NRP2).	Ricardo Saban

### Aims of course/workshop

In this workshop, we will discuss: 1) An interdisciplinary approach to create new translational animal models of Lower Urinary Tract Dysfunction; 2) LUTD-induced augmented release of urothelial-derived transmitters such as ATP or acetylcholine and their impact in bladder nerve excitability; 3) Bladder desensitization by intravesical resiniferatoxin RTX, as treatment for refractory detrusor overactivity; 4) New pharmacological targets: VEGF receptors and neuropilins that are highly expressed in the human and mouse urothelium, downregulated

in patients with IC/PBS, and up-regulated by intravesical BCG therapy.

### **Educational Objectives**

The present workshop is being presented by leaders in the field of translational LUTD. Current treatment modalities for LUTD only relieve the storage or voiding bladder symptoms. Lack of a serious treatment or preventive strategies for LUTD over the past several decades has led to development of new translational animal models, a desirable step in the hierarchy of research to jump start translational research. In this workshop, we will discuss several breakthroughs: 1) interdisciplinary approach among investigators in immunology, urology and neuroscience, to create mouse models of LUTD. Further, we will discuss the process of LUT phenotyping and characterization; and dissemination of these models to the scientific community. We will also approach the: 2) LUTD-induced disruption of urothelium-nerve communication, 3) Desensitization of vanilloid receptors as treatment of LUTD 4) the role of urothelial neuropilins and VEGF receptors in LUTD.





# Animal Models of Lower Urinary Tract Dysfunction

Firouz Daneshgari, M.D. Lester Persky Professor & Chairman Urology Institute University Hospitals of Case Medical Center Case Western Reserve University

# Lower Urinary Tract Dysfunction

- · Diseases:
  - Among the most common diseases affecting both genders and at ALL ages
- Prevalence
  - Up to 50% of Women
  - Up to 40% of Men
  - Up to 15% of children

# Lower Urinary Tract Dysfunction

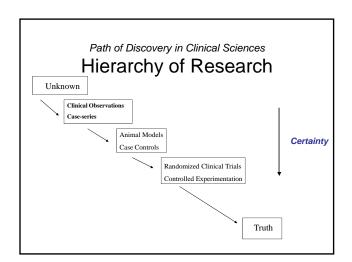
- Women:
  - Pelvic Organ Prolapse
  - Urinary Incontinence: SUI, OAB
  - Interstitial Cystitis
  - Pelvic Pain
  - Neurogenic Bladder: Multiple Sclerosis
- UTI
- Men:
  - BPH/LUTS
  - Interstitial Cystitis
  - Urinary Incontinence- OAB
  - Neurogenic Bladder: SCI, Parkinson, CVA,

# Lower Urinary Tract Dysfunction

- Children:
  - UTIs
  - Voiding Dysfunction
  - Bed Wetting
  - Neurogenic Bladder
  - Vesicoureteral reflux

### **LUTD**

- · Quality of life diseases:
  - Difficult to quantify symptoms, signs
- Complex interaction between CNS, Spine and LUT organs
- Plasticity: neuroplasticity; threshold sensitization= adaptation to insult= moving target



### **Animal Models**

- Evolutionary Hierarchy:
  - Larger to smaller: Closer- Further from human:
  - POP in Monkeys vs Mice!
- Feasibility and Economics Hierarchy:
  - Diabetes in pigs vs in mice
- Examples of other diseases:

### **Animal Models of LUTD**

- · Naturally occurring:
  - Feline I.C.
  - SUI in female dogs
- Induced:
  - Similar Pathophysiology
    - Destruction of Pancreatic Beta cell- Type I DM
    - Vaginal Distension for SUI
  - Similar Phenotype:
    - POP in Loxl-1
- Knock out-transgene Technology

### Aims of AMLUTD

- Phenotype
- Pathophysiology
- Phenotype+Pathophysiology:

### **Available AMLUTD**

- POP
- SUI
- Cystitis
- I.C.
- NGB:
  - Parkinson
  - M.S.
  - SCI
- Prostatitis
- Sling

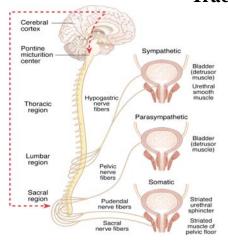
## Phenotype Validation

- · Challenges:
  - Incompatibilities with human symptoms/signs
  - Unknown human phenotype
- Opportunities:
  - » Provide opportunity to re-examine Human phenotype
  - » Development of devices/diagnostic tools
- Solution:
  - Start with a table of comparison: human vs model phenotype

## LUT Phenotype tools

- 24 micturition (Bladder Diary)
- CMG (urodynamics)
- Anatomical comparisons (mPOPQ)
- Estimation of pain
- · Estimation of behavior changes
- Biological samples (urine, serum, tissue, DNA, proteomics)

# **Innervation and Function of the Lower Urinary Tract**



The lower urinary tract (LUT) has 2 main functions – storage and periodic elimination of urine

These functions are regulated by complex neural control systems

Cropping Reduced Reduction NGF Representative College (Sensor" Function

The urothelium: What do we know?

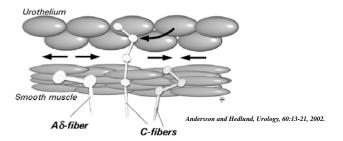
TRPV1

TRPV1

Representative Repre

Release of factors from the urothelium during bladder stretch may activate suburothelial nerves---and play a role in voiding

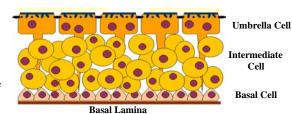
Alterations in release may also contribute to bladder instability, hyperactivity and altered bladder sensation



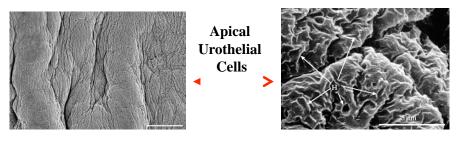
Changes in the urothelium appear now to be an important factor in a number of bladder syndromes

## **Urothelium (UT):**

Multilayered structure (transitional epithelium) consisting of apical, intermediate and basal cells.

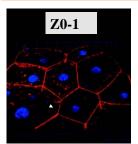


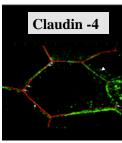
The "outermost" umbrella cell layer is composed of large cells (250  $\mu m$  in diameter). These are the largest epithelial cells in the body.



## The barrier function of the epithelium is defined by a combination of various tight-junction proteins

The "claudins" (4, 8 and 12) are associated with high resistance tight junctions and also may be important in cell adhesion

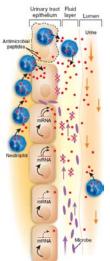






Archaya et al., American Journal of Physiology, 287:F305-318, 2004.

These may be important in various diseases such as bacterial cystitis, interstitial cystitis and spinal cord injury. Each of these conditions is characterized by a disruption of the urothelial barrier



#### The urothelial "barrier" can be altered by infection

There is interest in how pathogens (*Ecoli*) found in UTI can interact with urothelial cells and thereby infect the host

Rouschop et al., J Immunol 177:7225-32, 2006.

Garofalo et al., Infect Immunol 75: 52-60, 2007.

Ratliff TL. J Urology, 174:1150, 2005.

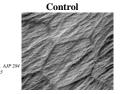
Slechta and Mulvey, Trends in Microbiology, 14:58-60, 2006.

## Mucosal Barrier may be disrupted in various diseases such as Painful Bladder Syndrome / Interstitial Cystitis (Bladder Pain Syndrome) and Spinal Cord Injury











The acute changes in epithelial structure/ function following SCI suggest an involvement of bladder nerves

When the barrier is compromised, it can result in passage of toxic substances into the underlying tissue resulting in urgency, frequency and pain during distension

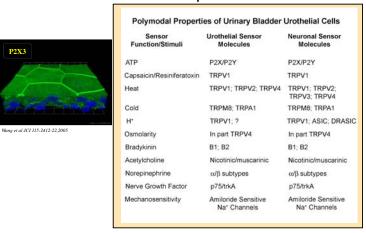
## More than just a barrier: The Urothelium Functions as a Primary Transducer of Physical and Chemical Stimuli

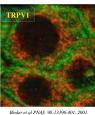
4 Lines of evidence lend support for involvement of the urothelium in visceral sensation:

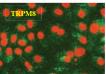
- (1) Expression of "neuronal-like" receptors/ion channels
- (2) Location in close proximity to bladder nerves
- (3) Release of transmitters/mediators
- (4) Plasticity in signaling functions induced by pathological conditions

#### Sensory Roles of the Urothelium

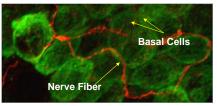
## Urothelial cells express receptors/ion channels similar to mechanoreceptive and nociceptive afferent nerves







## The location of bladder nerves in close proximity to the epithelium suggest potential for a chemical dialogue

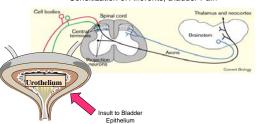


Bladder afferents and efferents are located in close proximity to the urothelium

Birder et al., PNAS 98:13396-401, 2001.

Sensitization of Afferents; Bladder Pain

Disruption of the barrier can lead to altered activation of bladder nerves Associated with increased frequency/urge



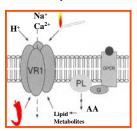
An example of a urothelial sensor molecule that is altered in bladder pathology is the Capsaicin Receptor, TRPV1, a cation channel expressed by afferent neurons of the 'pain' pathway.

TRPV1 is known to play a prominent role in nociception and in urinary bladder function

#### VR1 (TRPV1)

- •Calcium permeable, non-selective ion channel
- Activated by capsaicin, heat and protons

Caterina et al., Nature 389: 816-824, 1997 and Nature 398:436-441, 1999.



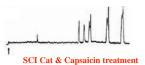
#### **Historical Perspective:**

- 1919: Identification of capsaicin from hot peppers (Nathan, JAM Chem Soc 41: 1115-1117).
- 1955: Jancso observed nociceptive nerve endings were activated/inactivated by capsaicin Jancso et al, Br J Pharm 1968; Nature 1977).
- 1989: Szallasi (Szallasi and Blumberg, Neuroscience 1989) showed specific binding sites for capsaicin in urinary bladder/urethra.
- 1997: Cloning of the capsaicin receptor: TRPV1 (Caterina et al., Nature 289: 816-814, 1997).
- 2006: TRPV1---integrator of thermal/noxious chemical stimuli---expressed in afferent fibers innervating the bladder.

#### **Vanilloid Receptor and Detrusor Instability:**

Capsaicin-sensitive (C type) fibers shown to be involved in detrusor hyperreflexia of spinal origin and in bladder pain processing (de Groat et al., ANN 1999; Cheng et al., ANP 1999).

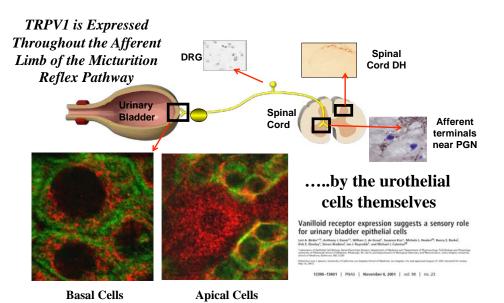




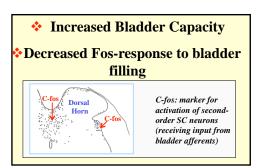
This provided the basis for intravesical administration of capsaicin or RTX in patients with bladder hyperreactivity resulting from a spinal cord injury (Fowler; Urology 2000) (and in patients with idiopathic detrusor instability).

This treatment produces significant symptomatic relief and results in increased bladder capacity, decreased urinary frequency and urge incontinence episodes.

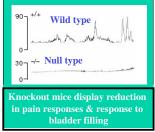
#### **GOAL:**



# Mice lacking TRPV1 show loss-of-function bladder phenotypes



Mice lacking the P2X<sub>3</sub> ATP receptor subunit (expressed on bladder afferents) show abnormal reflex contractions/voiding behavior

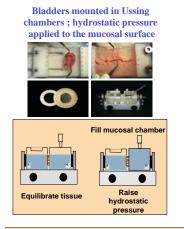


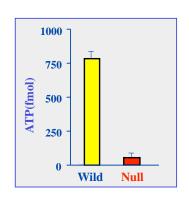
Cockayne et al. Nature 407:1011-1015, 2

These results suggests abnormal detection of bladder "stretch"

Distension evoked ATP release in bladders from TRPV1 null mice was done to evaluate whether abnormal bladder function in TRPV1 null mice may be due to changes in neuronal detection of bladder stretch

### Bladder Stretch (in both cells and tissue) evokes ATP Release



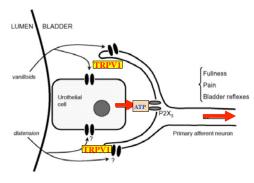


TRPV1 gene disruption alters purinergic signaling in the urothelium---by impairing the ability of urothelial cells to release ATP in response to stretch

### Involvement of TRPV1 and the urothelium in signaling of sensory events

\*TRPV1-urothelial receptors are activated by vanilloids (as well as distension) causing ATP release, activating P2X<sub>3</sub> receptors on afferents

This can lead to sensory events---such as fullness or pain, and activation of bladder reflexes

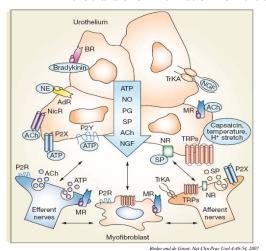


In neurons, TRPV1 is thought to integrate/amplify the response to various stimuli (plays essential role in development of inflammation-induced hyperalgesia)

(Recent studies also demonstrate a role for TRPV1 in excitability of low threshold bladder afferents---Daly et al., J Physiol 583:663-74, 2007)

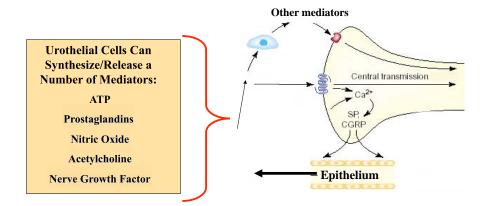
**Urothelial – TRPV1** might participate in a similar manner, in the detection of irritant stimuli following bladder inflammation/infection

Urothelial cells can receive and integrate multiple stimuli---providing an important "link" in the transfer of information from the urinary bladder to the nervous system



The release of transmitters/mediators may form the basis of a "chemical-cross talk" within a number of cell-types in the bladder wall

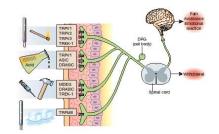
This can lead to changes in "urothelial transducer function" (release of chemicals or neurotransmitters), which can impact on both urothelial function and neural excitability



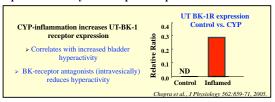
### <u>Urothelial cells are likely to play a role in pain</u> processes/sensory function

Recent evidence has demonstrated that urothelial cells exhibit plasticity

Inflammation/injury can alter the "sensor function" (expression & sensitivity) of urothelial targets which could contribute to hypersensitivity and pain



Urothelial expression of bradykinin receptors are plastic and can be altered by pathology



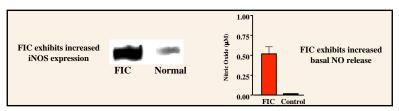
# Altered Urothelial Receptors and Substances in Bladder Dysfunction:

Painful Bladder Syndrome / Interstitial Cystitis

#### Nitric Oxide signaling mechanisms are altered in PBS/IC

Cats diagnosed with PBS/FIC exhibit an increased iNOS expression & increased basal NO release; due to activation of iNOS

Birder et al., J Urol 173: 625-9, 2005.



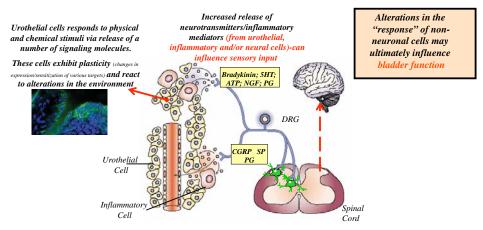
Patients diagnosed with PBS/IC exhibit increased iNOS expression (mainly in urothelium); increased NO in urine of patients with "classic" IC as compared to non-ulcer IC.

Logadottir et al., J Urol, 171: 1148-50. 2004; Koskela et al J Urol 2008

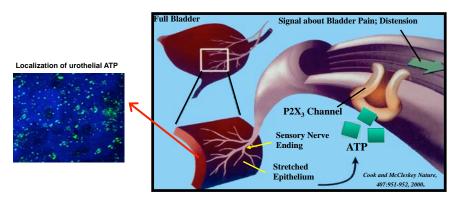
The role of elevated NO in PBS/IC still remains to be determined

### **Summary:**

## Pathology can lead to changes in both "sensor" and "transducer" properties of urothelial cells



During distension, ATP release from urothelium—via activation of suburothelial afferents--may trigger sensations of fullness, pain or changes in bladder activity



Large amounts of ATP released from urothelial cells in FIC may alter afferent excitability (via P2X<sub>3</sub> receptors on pelvic afferents); triggering the sensation of pain

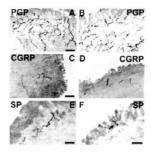
# Bladder sensory desensitization decreases urinary urgency

(TRPV1 receptors and bladder sensation)

Francisco Cruz

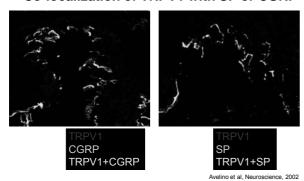
Hospital S João / Faculty Medicine of Porto Portugal

## SP- and CGRP-IR fibre density in the bladder of IDO patients



Smet et al, 9

### Co-localization of TRPV1 with SP or CGRP



# TRPV1-IR fibre density in the bladder of IDO patients

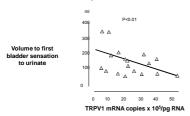


	Mean ± SEM		
	PGP9.5	P2Xn	TRPV1
Controls		$0.47 \pm 0.09$	$0.21 \pm 0.01$
DO:			
Baseline	$2.00 \pm 0.29$	$1.39 \pm 0.13$	$0.39 \pm 0.08$
4 Wks	$1.95 \pm 0.25$	$0.85 \pm 0.13$	$-0.28 \pm 0.08$
16 Wks	$1.72 \pm 0.29$		$0.12 \pm 0.04$
p Value (pretreatment vs 4 wk, No.)	0.85, 21	0.009, 24	0.19, 22
p Value (pretreatment vs 16 wk, No.)	0.21, 13	0.0004, 15	0.0008, 16
NDO:			
Baseline		$1.44 \pm 0.15$	$0.42 \pm 0.08$
4 Wks	$1.97 \pm 0.31$		$0.32 \pm 0.01$
16 Wks	$1.72 \pm 0.31$		
p Value (pretrestment vs. 4 wk, No.)	0.14, 15	0.02, 18	0.32, 16
p Value (pretreatment vs 16 wk, No.)	0.16, 12	0.001, 13	0.0008, 14
IDO:			
Raseline		$1.24 \pm 0.25$	
4 Wks	$1.64 \pm 0.28$		$0.19 \pm 0.02$
p Value (pretreatment vs.	0.74, 6	0.13, 6	0.43, 6

Apostolidis et al, J Urol., 2005

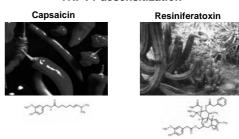
### TRPV1 expression in patients with urgency

TRPV1 mRNA correlates inversely with bladder volume to 1st bladder sensation in patients with overactive bladder



Liu et al, Neurourol Urodyn, 26:433, 2007

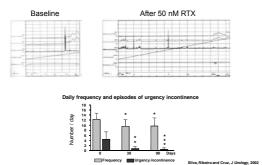
### TRPV1 desensitization



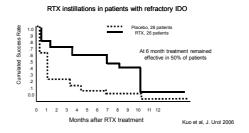
Resiniferatoxin is much less pungent than capsaicin instillation but equally effective in desensitizing TRPV1

Cruz et al. Lancet. 1997

## TRPV1 desensitization improves patients with Idiopathic Detrusor Overactivity

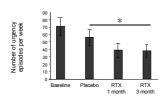


### **Intravesical RTX in IDO patients**



### Effect of intravesical RTX on urgency

- No bladder sensation
   Micturition with a normal sensation
   Urge but with full control of micturition
   I had to abandon what I was doing
   I had to abandon what I was doing
   I had to abandon what I was doing and I leaked before reaching the toilette

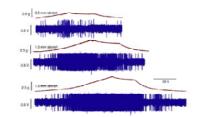


### Relationship between smooth muscle cells and sensory fibers (TRPV1-IR)





### Changes in bladder tension and firing of single afferent fiber

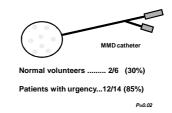


Localized contractions may evoke afferent activity

McCarthy et al, J Urol, 2009

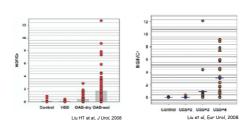
### Micromotions/segmentar contractions

Occurrence of localized bladder contractions

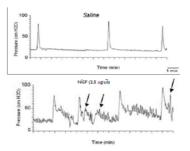


Drake et al, BJU Int, 2005

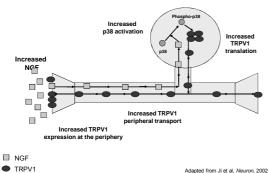
### NGF in the urine of OAB patients



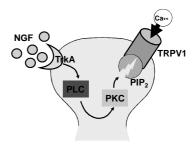
### Effect of exogenous NGF on rat bladder



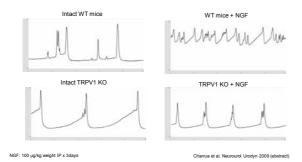
### NGF regulates TRPV1 during inflammation



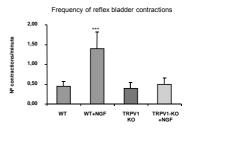
### NGF increases TRPV1 activity



## Importance of TRPV1 for the NGF effect on bladder function



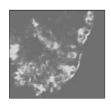
## Importance of TRPV1 for the NGF effect on bladder function

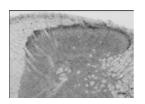


SE: 100 ug/kg weight IP x 3days

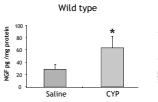
#### Charrua et al, Neurourol Urodyn 2009 (abstract)

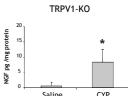
### TrkA immunoreactivity in TRPV1-KO mice





## Bladder NGF after CYP- induced cystitis

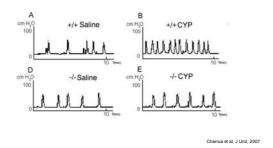




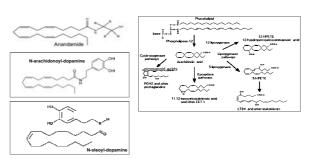
Charrua et al, Neurourol Urodyn 2009 (abstract)

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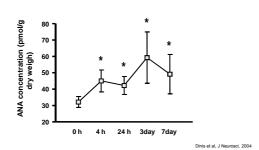
## TRPV1 is essential for the development of detrusor overactivity caused by cystitis.



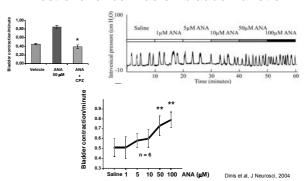
## **Endogenous TRPV1 agonists**



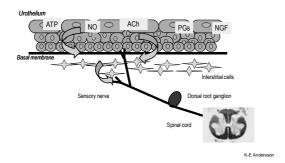
## Anandamide concentration in normal and CYP-inflamed bladders



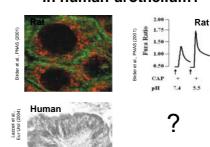
### Effect of anandamide on bladder function



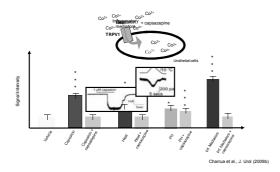
### BoNT-A may interfere with urotheliumsuburothelium nerve fiber cross-talk



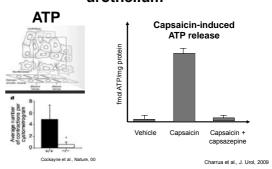
## Is TRPV1 expressed (and functional) in human urothelium?



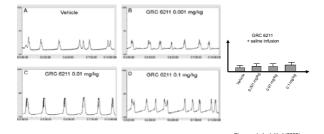
# Functional proprieties of human urothelial TRPV1



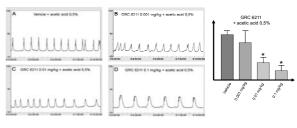
## TRPV1-ATP interaction in human urothelium



## Effect of a TRPV1 blockade on bladder reflex activity of intact animals



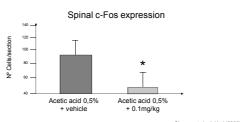
## Effect of TRPV1 blockade on reflex activity of acute inflamed bladders



#### TRPV1 antagonist: GRC-6211

#### Charrua et al., J. Urol (2009)

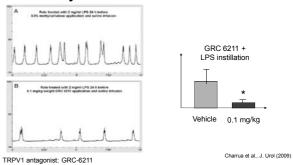
# Effect of TRPV1 blockade on sensory input generated by acute inflamed bladders



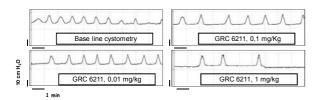
TRPV1 antagonist: GRC-6211

Charrua et al., J. Urol (2009)

## Effect of TRPV1 blockade on reflex activity of chronic inflamed bladders



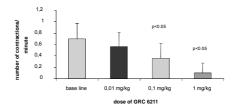
## Effect of cumulative doses of TRPV1 antagonist on Detrusor Overactivity of SCI rats



Silva, A et al, Neurourol Urodyn, 2008

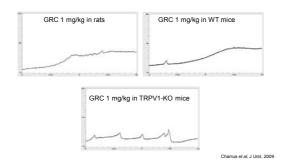
## Effect of cumulative doses of TRPV1 antagonist on Detrusor Overactivity of SCI rats

#### Frequency of detrusor contractions

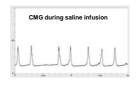


Silva, A et al, Neurourol Urodyn, 2008

## Effect of high doses (1 mg/kg) of GRC 6211 on bladder function of intact rats and WT and TRPV1-KO mice



# Bladder function and TRPV1-IR 24 hours after administration of 1 mg/kg of GRC 6211 to intact rats

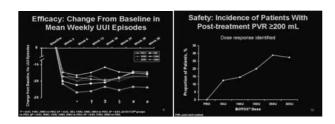




TRPV1-IR

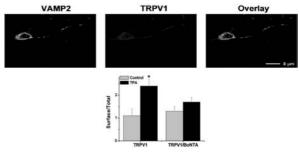
Charrua et al, J Urol, 2009

First large, double-blind, placebo-controlled study to assess the benefit/risk of BOTOX® in idiopathic OAB



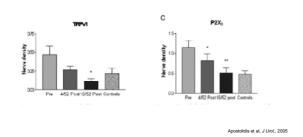
Chapple et al, Eur Urol Suppl, 2010, (Abstract)

### BoNT-A prevents SNARE-dependent TRPV1 trafficking in sensory cells

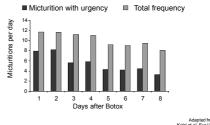


Morenilla-Palao et al, J Biol Chemistry, 2004

#### BoNT-A decreases TRPV1 and P2X3 immunoreactivity in the suburothelium of NDO patients



### Decline of urgency after 200 U of Botox in patients with NDO (n=17) and IDO (n=11)



Adapted from Kalsi et al, Eur Urol 2008

### **Conclusions**

- TRPV1 seems essential for bladder activity in IDO, NDO or inflammation
- TRPV1 expression is essential for NGF-induced bladder overactivity
- Endogenous ligands of TRPV1 should be evaluated in bladder dysfunction
- RTX or BoNT/A can be used to counteract TRPV1
- TRPV1 antagonists might be relevant therapeutic tools for visceral pain

#### Acknowledgments

Department of Urology, Hospital S. João, Porto

Paulo Diniz Carlos Silva André Silva Rui Pinto Tiago Carvalho

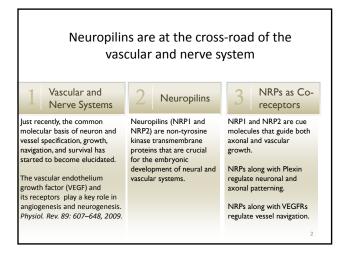
Institute of Histology and Embryology Faculty of Medicine of Porto

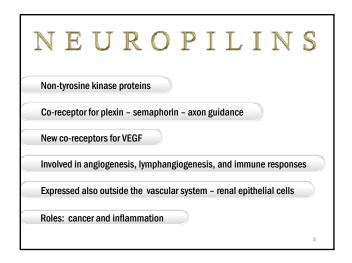
> António Avelino Célia Cruz Ana Charrua Ana Cristina Coelho

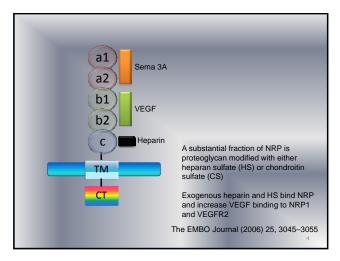
Imperial College and Novartis Institute of Science, London

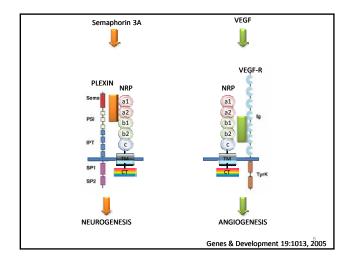
Istvan Nagy

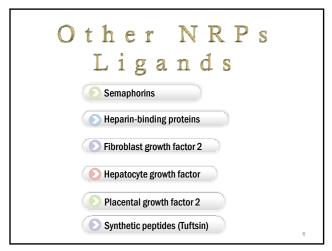








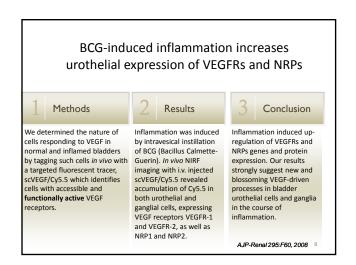


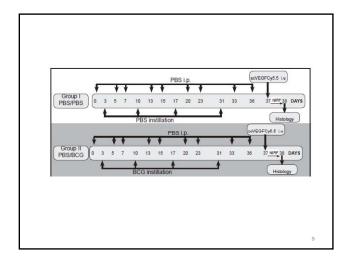


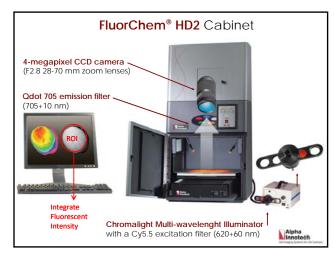
### Using scVEGF-Cy5.5 to access active VEGF receptors

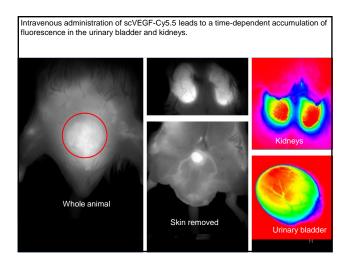
- 1. scVEGF-Cy5.5 contains two fused fragments of VEGF<sub>121</sub>.
- scVEGF-Cy5.5 is freely distributed because VEGF<sub>121</sub> lacks the AA residues responsible for heparin binding.
- 3. scVEGF-Cy5.5 is internalizable.
- 4. scVEGF-Cy5.5 activity is comparable to native VEGF<sub>121</sub>:
  - 4a. Induction of VEGFR-2 tyrosine auto-phosphorylation,
  - 4b. Competition with a VEGF-toxin for binding to VEGFRs
  - 4c. Induction of VEGFR-mediated internalization.

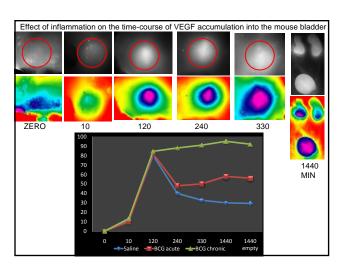
Unlike IF that shows all cells expressing VEGFRs, scVEGF/Cy5.5 tracer identifies only cells with **accessible** and **functionally active** VEGFRs.

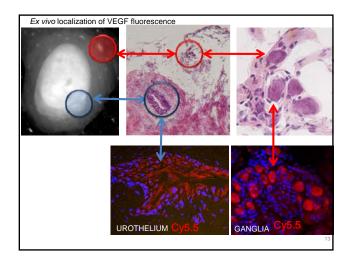


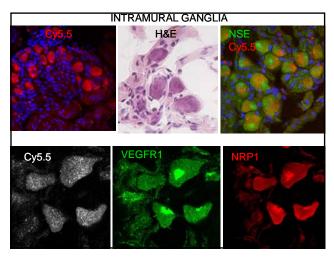


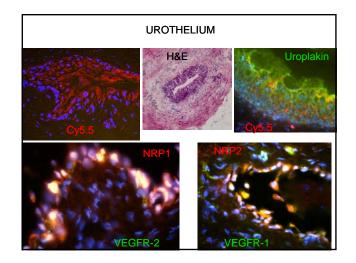


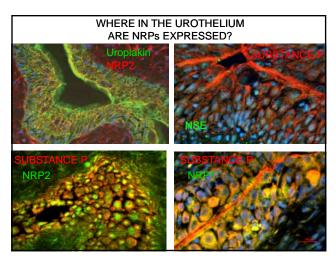


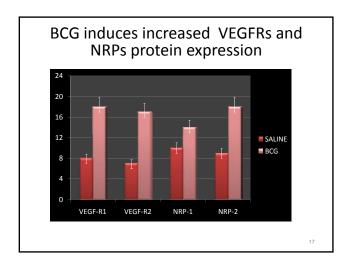


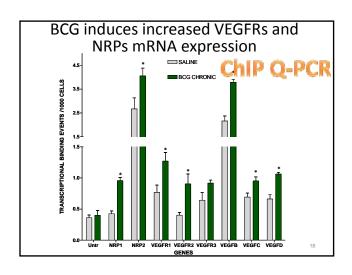








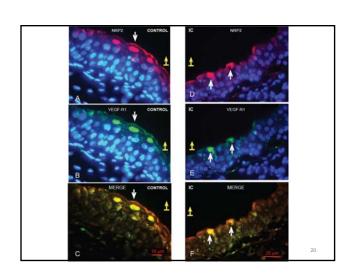


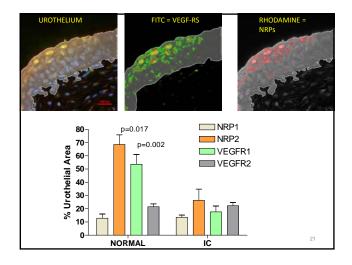


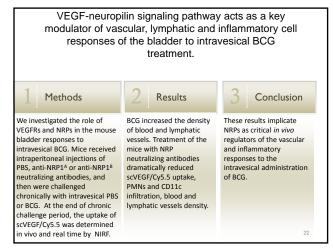
VEGFRs and NRPs are expressed in human urothelium and decreased in IC

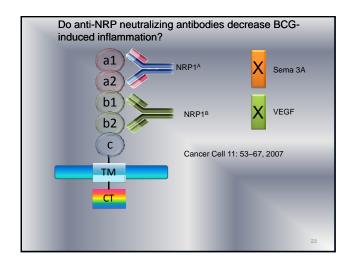
We reported that VEGFs and NRPs are strongly expressed in both: a) human bladder urothelium, and b) human bladder cancer cell line (J82).

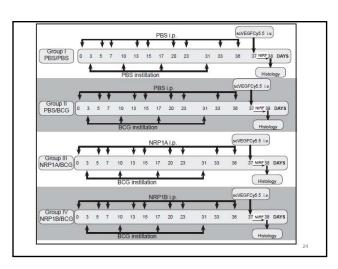
In addition, the expression of NRP2 and VEGFR1 were significantly down-regulated in IC bladder biopsies when compared to control subjects.

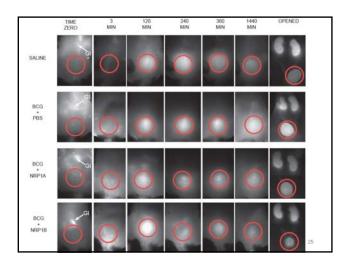


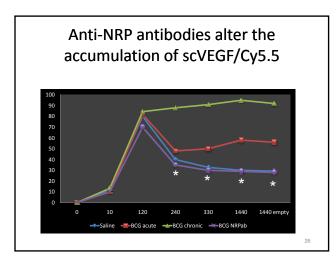


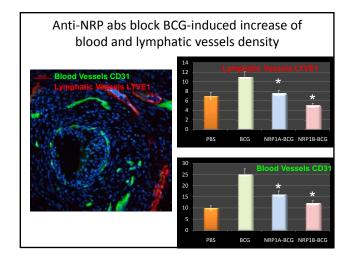


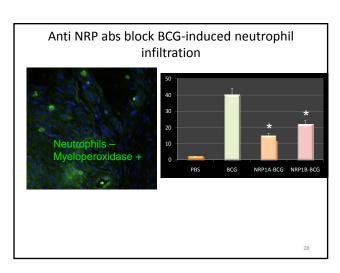


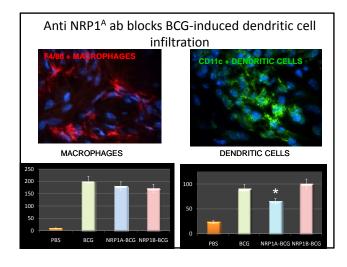


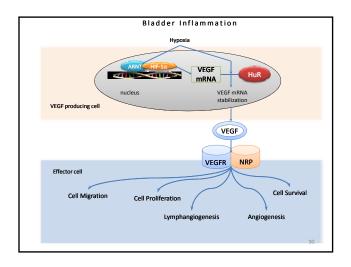












### **Conclusions**

- scVEGF/Cy5.5 is a powerful tool for determination of active VEGF receptors.
- Our studies with scVEGF/Cy5.5 resulted in the discovery of NRPs and VEGFRs in the bladder urothelium and intramural ganglia.
- In the urothelium, NRPs are co-localized with SP-containing nerves.
- Anti-NRP antibodies reduced blood vessel density, lymphatic vessel density, and inflammatory cell migration.
- NRPs and VEGFRs seems to mediate the inflammatory arm of BCG therapy.

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