

W16: Confirmation Surgery in Gender Dysphoria: current

state and future developments

Workshop Chair: Ervin Kocjancic, United States 28 August 2018 15:30 - 17:00

Start	End	Торіс	Speakers
15:30	15:35	Introduction	Ervin Kocjancic
15:35	15:55	Psychologic aspects of gender dysphoria and pre-surgical counselling	Randi Ettner
15:55	16:05	Metoidoplasty	Loren Schecter
16:05	16:15	Phalloplasty	Loren Schecter
16:15	16:25	Vaginoplasty	Ervin Kocjancic
16:25	16:35	Functional Prosthetic Surgery	Ervin Kocjancic
16:35	16:40	Vascular complications: Management and prevention	Loren Schecter
16:40	16:45	Urethral Complications	Ervin Kocjancic
16:45	17:00	Interactive Discussion	Ervin Kocjancic
			Loren Schecter
			Randi Ettner

Aims of Workshop

Gender dysphoria become a commonly treated condition in urology and gynaecology practice and the access to reconstructive surgery allows an increased number of patients to undergo a gender confirmation surgery. General recommendations concerning confirmation surgery can be obtained via www.wpath.org. The workshop specifies preoperative and postoperative care, indications for surgery, the actual surgical techniques, their outcomes including quality of life measurements, limitations and complications according to the surgical experiences of gender confirmation surgery and in the available literature. In male to female confirmation surgery the goals of building neovagina can be widely fulfilled even after failed initial surgery.

Learning Objectives

To inform about indications, surgical possibilities and limitations of confirmation surgery in gender dysphoria (transsexualism) male to female and female to male. The delegates will familiarise with the possible voiding dysfunction commonly associated with the above mentioned procedures as well as sexual dysfunction.

Learning Outcomes

-Familiarise the current definitions of the WPATH.

-Learn how to properly manage individuals with gender dysphoria.

-Familiarise with the common surgical techniques used for the confirmation surgery.

-Recognise and treat the frequent voiding dysfunction associated with the gender confirmation surgery.

Target Audience

Urologists, OBGYN, Nursing and physical therapists

Advanced/Basic

Basic

Suggested Learning before Workshop Attendance

www.wpath.org.

Suggested Reading

 An Update on the Surgical Treatment for Transgender Patients. Colebunders B, Brondeel S, D'Arpa S, Hoebeke P, Monstrey S. Sex Med Rev. 2016 Sep 10. pii: S2050-0521(16)30032-4. doi: 10.1016/j.sxmr.2016.08.001. [Epub ahead of print] Review. PMID: 27623991 2.Gender Confirmation 11/8/16, 2:16 PM about:blank Page 2 of 4
 Surgery: A New Frontier in Plastic Surgery Education. Schechter LS, Cohen M. Plast Reconstr Surg. 2016 Oct;138(4):784e-5e.

<u>Psychologic aspects of gender dysphoria and pre-surgical counselling</u> Randi Ettner, PhD Clinical and forensic psychologist, Chicago, Illinois

I will present on the role of the mental health professional in gender confirming surgery and the WPATH Standards of Care. The mental health professional is tasked with diagnosing the patient, providing counselling prior to surgery, and then assessing the patient's readiness and eligibility to undergo surgery, in accordance with the WPATH Standards. The mental health professional refers the patient for surgery and provides the surgeon with a written assessment, attesting that the criteria for surgery have been met and the medical necessity of surgery. Co-occurring psychiatric disorders, perioperative risk factors, and post-operative psychological issues will also be discussed, and the importance of the multi-disciplinary approach in optimizing patient care.

Suggested reading:

-Berli, J., Knudson, G., Fraser, L., Tangpricha, V., Ettner, R., et al. Gender confirmation surgery: what surgeons need to know when providing care for transgender individuals. JAMA Surgery; 152(4) 2017.

-Ettner, R. Pre-operative evaluation in Schechter (Ed.) Surgical Management of the Transgender Patient. Elsevier, 2017. -DeCupere, G. Mental health issues, in Principles of Transgender Medicine and Surgery. Ettner, Monstry & Coleman (Eds). Routledge, 2016.

Metoidioplasty and Phalloplasty

Loren Schecter

There are two categories of bottom surgery for transmasculine-identified individuals. These include metoidioplasty and phalloplasty.

Metoidioplasty

This procedure refers to lengthening of the hormonally hypertrophied clitoris, often in conjunction with urethral lengthening to allow micturition while standing. Most often, this procedure is performed in two stages, with a secondary scrotoplasty and placement of testicular implants. At times, a monsplasty ("mons lift") is also performed so as to lift and reduce prepubic skin and fat.

This presentation will include pre-operative preparation, operative techniques, and post-operative care, including management of complications.

Phalloplasty

This procedure constructs a phallus using fasciocutaneous flaps, most often from the forearm or thigh. Most often, this procedure is performed in conjunction with urethral lengthening. In general, the goals of the phalloplasty procedure include creation of a sensate, aesthetic phallus, with the ability to urinate in a standing position. Additionally, most individuals choose to undergo placement of an implantable penile prosthesis and testicular implants at a second surgical setting. The goal of IPP placement is the ability to engage in penetrative intercourse.

This presentation will include pre-operative preparation, operative techniques, and post-operative care, including management of complications.

Vaginoplasty

Ervin Kocjancic

The core surgical interventions that are applied within the context of trans women are; facial feminizing surgery, voice surgery and chondrolaryngoplasty, breast augmentation, and orchiectomy, penectomy and vaginoplasty. Vaginoplasty, which is the last step of the transition process, depicts the construction of a vagina that resembles a biological vagina in form and function. This procedure includes orchiectomy (can be performed as a first stage procedure before vaginal reconstruction), amputation of the penis, creation and lining of the neovaginal cavity, reconstruction of the urethral meatus and construction of the labia and clitoris.

In transgender vaginoplasty, surgical techniques can be divided into three main categories according to the nature and origin of the tissue(s) used for reconstruction: skin grafts; penile-scrotal skin flaps (penile skin inversion technique); and pedicled small or large bowel segments (intestinal vaginoplasty).

The main goals of vaginoplasty are to achieve an esthetically and functionally ideal perineogenital complex that will satisfy the patient. The neovagina should be moist, elastic and hairless with a depth of at least 10 cm and a diameter of 3-4 cm. The clitoris should be small, obscured and sensitive enough to enable complete arousal. Labia minora and majora should resemble the female vulva as much as possible. Innervation of the new genitalia complex should be functionally intact in order to offer a satisfactory level of erogenous stimulation during sexual intercourse. Transwomen who prefer an esthetic outcome without a functional vagina can undergo a vulvoplasty without vaginoplasty.

Penile skin inversion technique is the most investigated and therefore the most evidence-based technique for vaginoplasty. Herein; the inverted penile skin on an abdominal or more inferior pedicle is used as an outside-in skin tube for the lining of the neovagina. Preserved vascularization of the penile skin, its mobility, non-hair-bearing surface, sensate nature, thin connective tissue and relatively minimal tendency to contract represent the main advantages of using penile skin-based flaps. In cases where the penile skin is deficient (circumcision, micropenis etc.), several technical refinements can be applied such as combining the penile skin flap with scrotal and/or urethral flaps. Utilizing a perineal flap together with a scrotal graft in addition to penile skin may also serve well to lengthen the neovaginal cavity. Surgical outcome and sexual function associated with this technique are generally acceptable to good. Using additional urethral and penoscrotal flaps may provide benefit in terms neovaginal depth and lubrication.

Intestinal vaginoplasty is a viable alternative. Especially in cases where no redundant penile and/or scrotal skin is available for grafting, intestinal grafts provide a good alternative. Pedicled bowel segments can also be used when prior neovaginal reconstructive attempts with skin flaps and/or grafts failed in transgender patients. The need to elongate the vagina in transwomen requiring greater depth after a previous neovaginal construction is another indication to proceed with intestinal vaginoplasty. Overall, the outcome of vaginoplasty with pedicled bowel segments does not seem to be inferior to the penile skin inversion technique.

There is a need for prospective randomized studies with standardized surgical procedures, larger patient cohorts and longer follow-up period in order to make a valid comparison between the available vaginoplasty techiques and identify the "ideal" one.

Take home message

Penile skin inversion technique remains the method of choice for vaginoplasty in male to female transition.

References:

- Bizic MR, Stojanovic B, Djordjevic ML. Genital reconstruction for the trangendered individual. J Ped Urol 2017; 13: 446-452.

- Horbach SE, Bouman MB, Smit JM, Özer M, Buncamper ME, Mullender MG. Outcome of Vaginoplasty in Male-to-Female Transgenders: A Systematic Review of Surgical Techniques. J Sex Med. 2015 Jun;12(6):1499-512.

- Colebunders B, Brondeel S, D'Arpa S, Hoebeke P, Monstrey S. An Update on the Surgical Treatment for Transgender Patients. Sex Med Rev. 2017 Jan;5(1):103-109.

- Bouman MB, van Zeijl MC, Buncamper ME, Meijerink WJ, van Bodegraven AA, Mullender MG. Intestinal vaginoplasty revisited: a review of surgical techniques, complications, and sexual function. J Sex Med. 2014 Jul;11(7):1835-47.

Management of Urethral Complications in Gender Confirmation Surgery Ervin Kocjancic

Gender dysphoria can be described as a discrepancy between the gender assigned at birth and gender identity. Individuals with gender dysphoria are becoming increasingly more accepted in society and therefore the number of patients who feel confident enough to seek gender confirmation surgery has increased substantially.

Genital reconstructive surgery, which is the last step of an individual's transition, involves labiaplasty, clitoroplasty, vaginoplasty in transgender women and vaginectomy, phalloplasty or metoidioplasty, scrotoplasty, placement of penile/testicular prostheses in transgender men.

Urethral complications are one of the most common urologic sequelae after gender confirmation surgery. Urethral fistula and stricture (including meatal stenosis) represent the most frequent urethral complications in trans patients.

Urethral complications after phalloplasty:

Radial forearm free flap phalloplasty (RFFP) is the current standard of care for most female to male gender confirmation surgeries. A meta-analysis of 11 forearm phalloplasty series demonstrated significantly high stricture and fistula rates, ranging from 20 to 77%. Some technical modifications, such as vascularized paravaginal tissue flaps, additionally covered by bulbospongiosus muscle proximally and non-epithelialized paravaginal tissue flaps, have been proposed to lower this high complication rate. However, it still remains a major cause of morbidity.

Urethral stricture after phalloplasty can initially be managed by endoscopic interventions; dilation and/or direct visualization internal urethrotomy. However, in patients with longer or multifocal strictures, or in whom endoscopic management fails, urethroplasty must be performed. Approach to urethroplasty depends on location of the stricture and length of the affected segment with meatotomy, Heineke-Mikulicz principle, excision and primary anastomosis, free graft urethroplasty, pedicled flap urethroplasty, 2-stage urethroplasty, and perineal urethrostomy, which may be followed by urethral reconstruction represent the available options.

Urethral fistulas may heal within three months when the urinary stream is diverted with a suprapubic urinary catheter; 17–35% of fistulas appear to heal without further surgery. Otherwise, further reconstructive surgery involving the interposition of local or extragenital tissue substitutes becomes inevitable.

Urethral complications after vaginoplasty:

Urethral stricture is less prevalent after vaginoplasty when compared with the probability after phalloplasty. A recent systematic review and meta-analysis reported a mean urethral stricture rate of 1%. These patients usually present 2-3 months after the primary surgery, initially with reduction in urine flow, and then overflow incontinence. Urethral dilations may not solve the problem in a durable manner. Meatoplasty is usually effective, although a few do go on to long-term intermittent catheterization.

Take home message

Urethral complications after gender confirmation surgery are common despite technical refinements, may necessitate further reconstructive interventions and might be the cause of chronic morbidity.

References:

1-) Manrique OJ, Adabi K, Martinez-Jorge J, Ciudad P, Nicoli F, Kiranantawat K.

Complications and Patient-Reported Outcomes in Male-to-Female Vaginoplasty-Where

We Are Today: A Systematic Review and Meta-Analysis. Ann Plast Surg. 2018 Jun;80(6):684-691.

2-) Nikolavsky D, Yamaguchi Y, Levine JP, Zhao LC. Urologic Sequelae Following

Phalloplasty in Transgendered Patients. Urol Clin North Am. 2017

Feb;44(1):113-125.

3-) Santucci RA. Urethral Complications After Transgender Phalloplasty: Strategies

to Treat Them and Minimize Their Occurrence. Clin Anat. 2018 Mar;31(2):187-190.

4-) Dy GW, Sun J, Granieri MA, Zhao LC. Reconstructive Management Pearls for the Transgender Patient. Curr Urol Rep. 2018 Apr 11;19(6):3

DEVELOPMENTS	OPHILADELPHIA
Affiliations to disclose ⁺ :	
Dr. Ervin Kocjancic, MD. Urology	
Dr. Loren Schechter MD, Plastic Surgery	
Dr. Randi Ettner, Clinical and Forensic Psychologist	
**/I based to just the last per tilt and may be all any based and report balance and may at the last to be added and parameters Funding for speaker to attend: X Self-funded X Institution (non-industry) funded	











The Role of the Mental Health Professional in Gender Confirming Surgery

Randi Ettner

Historical assessment for surgery

- MHP viewed as gatekeeper
- · Patients wanted autonomy tension
- Binary assumption triadic treatment; M-F; F-M
- Many "hoops"
- Few surgeons, cost-prohibitive, long waits

WPATH SOC 7

Depathologized gender incongruity

Acknowledges shared decision making and harm reduction

Flexible guidelines-health care needs are diverse and must be individual

Provides criteria to assess for hormones and surgery

Criteria: breast/chest surgery

- Persistent, well-documented gender dysphoria
- Capacity to make a fully-informed decision and consent for treatment
- Age of majority
- If significant medical or mental health concerns present, must be reasonably well controlled

Hysterectomy, salpingooophrectomy or orchiectomy

- · Persistent, well-documented gender dysphoria
- Capacity to make a fully informed decision
- Age of majority
- If significant medical or mental health concerns, must be well controlled
- 12 continuous months of hormone therapy

Metoidoplasty, phalloplasty or vaginoplasty,

- Persistent, well-documented gender dysphoria
- Capacity to make a fully informed decision
- Age of majority
- If significant medical or mental health concerns, must be well controlled
- 12 continuous months of hormone therapy
- 12 continuous months of living in a gender role consistent with gender identity (social role transition)

Role of MHP

- Diagnose gender dysphoria
- Determine readiness and eligibility
- Assess and refer for surgery
- Prepare for surgery
- Provide information/manage expectations
- Collaborate and be a resource
- Provide perioperative support
- Consult complicated cases (eg schizophrenia, anomalous surgical requests)

Referral for surgery

- Qualified MHP provides letter
- · Purpose: to document readiness and eligibility
- One referral for chest/breast surgery
- Two referrals for genital surgery: one from MHP who followed the patient another is from MHP for 2nd opinion

Contents of Referral Letter

- Identifying characteristics
- Psychosocial assessment, including diagnoses
- Criteria met, supports request for surgery
- Duration and nature of relationship with patient
- MHP is available for consultation and collaboration
- Provides relevant information that informs care (eg pt has trauma hx)

Preparation for surgery

- Understands risks, procedure, post-operative care (70% don't know risks)
- Has realistic expectations
- Explore rationale: Why surgery now? Why this surgery? Why this surgeon?
- Plans for post-op care and support

Collaborative Care

- Gender surgery require multidisciplinary care
- Continuous care, not episodic, yields best outcomes
- Trained providers join as a team, literally or virtually, to collaborate for optimal care
- Empowers patients by creating support network and advocates
- Care is customized to reflect individual needs
- Each provider has deep but specific knowledge

Mental Health Issues and Postop Concerns

- Surgery is stressful-stress can trigger preexisting psych issues
- Pts with anxiety dx more post-op pain
- Pts with schizophrenia higher post-op mortality
- Pts with hx of PTSD tend to have poorer outcomes

Post-op psychiatric disorders

- PTSD from complications
- Depression due to disappointment, disfigurement, catheters, etc.
- POCD post-op cognitive decline- rare more common in pts over 60 - (not due to anesthesia)
- Destabilization from prolonged convalescence
- SSRI's may be helpful if adjustment dx during 1st year







Alice came to a fork in the road and saw a Cheshire cat in a tree. "Which road do I take?" she asked. "Where do you want to go?" was his response. 'I don't know,' Alice answered. "Then,' said the cat, 'it doesn't matter.'

Alice in Wonderland, Lewis Carroll, 1865

Gender Dysphoria: Varying degrees of dissatisfaction with anatomic gender & desire to possess secondary sexual characteristics of opposite sex





Goal of Therapy: Lasting personal comfort with gendered self in order to maximize psychological well-being & self-fulfillment



Radial forearm phalloplasty

Gender confirmation surgery provides appropriate physical morphology & alleviates extreme psychological discomfort

 Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming

 People, Version 7

 Coleman, W. Bockting, M. Botzer, P. Cohen-Kettenis, G. DeCuypere, J. Feldman, L. Fraser, J.

 Treen, G. Knudson, W. J. Meyer, S. Monstrey, R. K. Adler, G. R. Brown, A. H. Devor, R. Erhbar, R.

 Titter, E. Lyter, R. Garofalo, D. H. Karase, A. L. Ley, G. Mayer, H. Meyer-Bahburg, B. P. Hall, E.

 Planetlin, K. Rachin, B. Robinson, L.S. Schechter, V. Tangpricha, M. van Trotsenburg, A. Vitale, S.

 Vinter, S. Whitle, K. R. Wyle & K. Zucker

 Intended to provide flexible

 direction for the treatment of

 transgender individuals

 Individual centers may vary

 (hormonal therapy & real-life

 test)

 Not intended as barrier to

 surgery...identify patients who

 would benefit from surgery

 First version published in 1979

 Beginning version 8

wpath.org



The Standards of Care for Gender Identity Disorders, Seventh Version, WPATH

Surgical Training

SEXUAL MEDICINE

Gender Confirmation Surgery: Guiding Principles Loren S. Schechter, MQ, FACS¹, Sahatore (ZArpa, MD, PRQ,² Mirela N, Cahen, MQ,³ Ervin Kacjunci;, MQ,⁴ Karel E. Y. Clees, MQ,³ and Stan Manstery, MQ, PHO³

ABSTRACT

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ouccome measurements. Coreclusion: We present an initial step in the formation of educational and technical guidelines for training surgrowin in gender continuation procedures. Schechter J.S. D'Aspa S, Cohen MN, et al. Gender Confirmation Surgery: Guiding Principles, J Sex Med 2017;XXXXX—XXX.

Metoidioplasty v. Phalloplasty

- Lengthen clitoris
- Urination while standing
- Minimize donor site
- No penetrative intercourse





- Urination while standing
 Urethral morbidity
- Penetrative intercourse
- Donor site & surgical risks



Conversion of metoidioplasty to phalloplasty











Secondary scrotoplasty with mons lift



Release suspensory ligament of clitoris

Release ventral chordae (urethral plate)

Urethral tubularization

Skin closure

Scrotoplasty

Metoidioplasty: Outcomes/Techniques

Long-term outcome of metaidoioplasty in 70 female-to-male transsexuals Hage, et. al. Ann Plast Surge 2006; 57 312-316

			n of the Number of Events per Pa						
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Buccal mucosa harvest





Placement of buccal mucosa, tubularization of urethra (creation of perineal urethra)





Skin closure



Medium testicular implant: 15 cc saline (2.7 x 4 cm)

Mons Lift/Resection:

Staged procedure performed 3 months following metoidioplasty

Secondary Scrotoplasty:

Retrodisplacement of labia majora for secondary scrotoplasty

Removal of skin and fatty tissue overlying pubis





Secondary scrotoplasty & placement of testicular implants



Metoidioplasty with second stage scrotoplasty, mons lift, and placement of testicular implants





LOREN S. SCHECHTER, MD, FACS LSS@UNIVPLASTICS.COM



Phalloplasty Goals

- Aesthetic phallus
- Tactile & erogenous sensation
- Void while standing
- Minimal morbidity (including donor site)
- Aesthetic scrotum
- Ability to experience sexual satisfaction



RFF Phalloplasty Overall (%) 1992–1997 (%) 1997–2001 (%) 2001–2007 (%) 59 62167 ${ \begin{array}{c} 34\ (12)\ 2\ (0.7)\ 21\ (7.3) \end{array} }$ $\begin{array}{c} 7 \; (11.2) \\ 1 \; (1.6) \\ 5 \; (8) \end{array}$ 19 (11.3) motic revision ete flap loss al partial necrosis (13 additional oper 10 (6) ic fistula (closing spontaneously) ture treated conservatively la/stricture requiring urethroplasty (97 ditional operations) 12 (19.4) 5 (8) 27 (16.1) 11 (6.5) 51 (17.7) 21 (7.3) 12 (20) 5 (8.4) 52 (18.1) 12 (20) 12 (19.4) 28 (16.7) ous inor pulmonary embolism grafting of defect on arm rev compression (carly cases) layed wound healing in groin area (four didtional operations) tile prosthesis (130 prostheses) $egin{array}{c} 3 & (1) \\ 2 & (0.7) \\ 2 & (0.7) \\ 32 & (11.1) \end{array}$ ${\begin{array}{c}1(1.7)\\1(1.7)\\2(3.3)\\9(15.2)\end{array}}$ $\begin{array}{c} 2 & (3.2) \\ 1 & (1.6) \end{array}$ 0 $\begin{array}{c} 0 \\ 7 (11.2) \end{array}$ 0 16 (9.6) $\begin{array}{r}
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\end{array}$ 77 29 (37.6) 13 (17) $130 \\ 58 (44.6) \\ 26 (20)$ 32 16 (50) 7 (22.6) on surgery city to perform sexual intercourse Tactile sensation: 100% Postoperative patients who were sexually active: 100% achieve orgasm

Ultimately, all patients able to void (52 patients required 97 procedures)

Penile reconstruction: is the radial forearm flap really the standard technique, Monstrey, PRS 124: 510, 2009



Urologic Urologic complications 41% Other series up to 80% All patients ultimately able to void Most complications at "neo- ureftina and native ureftna," not along flap ureftina Thap Anastomotic revision 11.3% Pantial flap necrosis 7.2% Larger flaps No longer operate on smokers	 56 patients who had radial forearm phalloplasty -Mean number of surgical procedures: 6 3 flap failures (5%) flap failures (5%) flap failure at 7 weeks post-op 19 (34%) patients had urehtroplasty 7 patients (37%) required perineal urehtrostomy a mean of 72 months after surgery
Penile reconstruction with the radial forearm flap: an update Doornaert, Handchir Mikrochir Plast Chir 2011; 43: 208-214	Long-term outcome of forearm free-flap phalloplasty in the freatment of transsexualism, Leriche, BJU International 101, 1297-1300, 2008





Average Male Dimensions: Flaccid: 8.6-9.3 cm (3.4-3.7 in) Erect: 12.9-14.5 cm (5.1-5.7 in) Circumference: 8.8-10 cm (3.5-3.9 in)



Flap Dimensions: Approximately (distal wrist crease to elbow flexion crease) 21-23 cm

Flap length: 13-17 cm Recipient site (pubis) to femoral vessels approximately 9 cm*

*Issue: arterial pedicle length



-Volar positioning of urethra

1











Marking of membranous urethra & vaginal flap

Proximal urethra constructed with vaginal flap and vestibulum



Clitoral-urethral construct transferred subcutaneously into position at pubic symphysis

Layered closure of superficial muscles over urethra

Excision of labia minora & colpocleisis



Scrotoplasty with medial transposition of labia majora







Testicular implants and revision glansplasty







ALT donor site markings









Loren S. Schechter, MD, FACS LSS@UNIVPLASTICS.COM

Update in Vaginoplasty
Technique Surgical Interventions for MTF Gender Confirmation Facial feminizing surgery
Voice surgery and chondrolaryngoplasty Breast augmentation Vaginoplasty











Skin Grafts

- Hage and Karim;
- FTG from the lower abdomen (n= 7)
- No postop. complications (f/u 7 months)
 Pleasant cosmetic and functional outcome
- Mean neovaginal depth of 12 cm
- Siemssen and Matzen;
 - FTG of penile skin, STG or a combination of both (n= 11)
 - Vaginal stenosis (45%)

Penile Inversion Technique

- The most frequently performed
- Inverted penile skin on a pedicle used as an outside-in skin tube
- Advantages of penile skin;
- ➤Vascularization ≻Mobility
- ≻Non-hair-bearing surface
- ➤Sensate nature
- ≻Thin connective tissue
- Minimal tendency to contract









Need for Technical Refinements

- Achieve the largest possible vaginal depth and width
 - Especially when penile skin is deficient (<12cm)
- Increase the moisture and lubrication level of the neovagina
 Decrease the incidence of vaginal stenosis
 Improve sexual satisfaction
- Provide a more esthetic mons pubis by decreasing the abdominal tension











Direct Visual Dissection of Rectoprostatic Space

- · Denonvillier's fascia opened;
 - Extended rectoprostatic dissection
 - \succ Omission of sacrospinal fixation

>Preventing damage to the pudendal neurovascular bundle

- · Inadvertent rectal injuries;
 - Rectovaginal fistula:
 - Prompt recognition..!









The Chicago Experience

- > 2015, n= 46, vaginoplasty for gender confirmation surgery
- Median age: 38 years
- Median surgical time: 360 mins
- Median surgical vaginal length: 15 cm
- Median hospital stay: 7 days
- No intraoperative complications
- Neovaginal prolapse (n= 1, morbidly obese patient)
- Median follow-up: 12 mos



Intestinal Vaginoplasty

- No redundant penile and/or scrotal skin is available for grafting;
 - Penile skin length <7cm
- · Failed neovaginal reconstructive attempts with penile skin-based options
- · Elongate the vagina after a previous neovaginal construction























The Use of Cultured Autologous Oral Epithelial Cells for Vaginoplasty in Male-to-Female Transsexuals: A Feasibility, Safety, and Advantageousness Clinical Pilot Study





Fig. 2. Histologic specimen of a biopsy performed in a wall of the neovagina during the third surgical step. A r oral epithelium lining can be observed (hematoxylin and original magnification, x10).

Fig. 3. Case 1. (Left) Post (Right) Postoperative asp erative aspect of genitalia 1 year after surg Dessy et al., Plast. Reconstr. Surg. 133: 158, 2014

Conclusions - I

- · Wider acceptance of gender dysphoria
- Standardized and integrated multidisciplinary approach
- Vaginoplasty: the last step of the MTF transition process
- Relavant evidence with drawbacks;
- Small sample size
- Insufficient description of the surgical technique
 Variable outcome parameters usually lacking QoL issues
- Subjective outcome assessment, no PROs or validated questionnaires Short f/u duration

Conclusions - II

- · Penile skin inversion: the most investigated technique for vaginoplasty;
 - Acceptable-good cosmetic & functional outcome
 - · Additional urethral and penoscrotal flaps for neovaginal depth and lubrication
- Intestinal vaginoplasty: a viable, noninferior alternative, especially for 2º cases.
- · Tissue-engineering based solutions deserve further clarification
- Higher level of evidence needed to identify the "ideal" vaginoplasty technique





































COMPLICATIONS OF PENILE PROSTHESIS

- Infection
 - Antimicrobial coating
- Erosion
 - Glans
 - Urethra
- Migration
- Mechanical failure
- Capsular contracture



PENILE PROSTHESIS PLACEMENT · Last 18 months - 1/10 patients required explantation of prosthesis for infection - Others with satisfactory intercourse · Optimizations - Use of ADM sleeve · Reduce risk of exposure - Cortical tunnel and anchoring of tip extender · Reduce risk of malposition · Improve projection/position of erection · Room for greater improvement • Future – an FDA-approved prosthesis for phalloplasty UNIVERSITY OF ILLINOIS Hospital & Health Sciences System



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Allen's test:

-Utility is questionable

-No direct correlation with ischemic complications









ALT donor site markings



Flap Monitoring



Conclusions

- Surgery is a proven therapy for patients with gender dysphoria
- Optimal outcomes occur in multidisciplinary clinics
- Additional outcomes research to identify potential risk factors and objective grading method for post-operative results



LOREN S. SCHECHTER, MD, FACS LSS@UNIVPLASTICS.COM

Urethral Complications

ERVIN KOCJANCIC Lawrence S. Ross Professor Urology Vice Chair of Department of Urology Director of Pelvic Health and Reconstructive Urology University of Illinois at Chicago

University of Illinois Medical Center



European Urokeys 44 (2003) 611–614 Urethroplasty in Female-to-MaleTranssexuals Dorothea Rohrmann, Gerhard Jakse[®] Undegleat Clinic, University Clinic Auchon, Pamehanaus 30, D-52037 Auchon, Germany Frie published online 22 July 2003

58% of patients with a newly constructed urethra develops fistulae and/or stricture

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Location Fistulae

- Anastomosis phallic and bulbar urethra (majority)
- Between the bulbar and the female urethra

Location Stricture

- Anastomosis phallic and bulbar urethra (majority)
- Between the bulbar and the female urethra

Urethral Fistulae

- Suprapubic abdominal flaps: 55% fistula rate
- Local Flaps: 15 22% fistula rate
- Pedicled flaps (ALTF): < 10%

Typical location: Junction of the neo-urethra and Native Urethra

Urethral Stricture

- Suprapubic abdominal flap 64%
- RFFF 31%
- Mean stricture length 3.5cm
- Stricture location:
 - Anastomosis (most common)
 - Meatus

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- Multiple sites
- Phallic urethra

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Reconstructive Urology

Long-term outcome of forearm flee-flap phalloplasty in the treatment of transsexualism

Albert Leriche, Marc-Olivier Timsit, Nicolas Morel-Journel, André Bouillot,

Diala Dembele and Alain Ruffion Department of Urology, Henry Gabrielle Hospital, University of Lyon I, Lyon, France

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56 phalloplasty with Radial forearm Tube in tube distally; tabularized vaginal urethral lengthening prox. 68% received an IPP 1 Plastic surgeon 1 Urologist Complication N (%) TABLE 1 Complications of the flag, prosthesis and urethra

1986 - 2002:

	Flap		Complications of the flap,	
	Loss	3	prosthesis and urethra	
	Cephalic vein thrombosis	1		
	Arterial ischaemia	1		
	Infection	5		
	Distal limited necrosis	2		
	Haematoma	2		
	Total	14 (25)		
	Prosthesis and urethra			
	Urinary fistula requiring perineal urethrostomy	7		
	Urinary fistula with conservative treatment	8		
	Urinary retention	3		
	Prosthesis change	8		
	Prosthesis explantation	3		
	Total	29 (55)		
Uni	versity of minors medical center			

Conclusion ...

- Urethroplasty plays a major role in overall morbidity ...
- Half of late complications were urethral strictures and urinary fistulae
- Most common area of urethral complications at the distal anastomosis
- · Perineal urethrostomy reccomended











Urethral Reconstruction			
Single or staged approach			
I. Pendulous urethra	II. Fixed urethra:		
Prelamination	Local Vagina		
Prefabrication	Labial flap		
Tube – in Tube			
Separate flaps			
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 Extension of the urethra to the clitoris using vaginal mucosa reduces greatly the risk of
Urethral Fistula formation
 Colpolcaisis offers a great vascular support for the anastomosis site
 Could be performed as a stage procedure

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Vestibular neo-urethra



Perineal exposure:

Vestibulum and vagina will form proximal urethra



Vestibular neo-urethra

Marking of membranous urethra & vaginal flap

Vestibular neo-urethra



Vaginectomy entails removal of epithelium with preservation of muscular layer

Vestibular neo-urethra



Vestibular incisions extend on to ventral clitoris

Vestibular neo-urethra



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Elevation of vaginal flap & tubularization of vestibulum

Extension of incision on to ventral clitoris

Vestibulum remains attached dorsally to corporal bodies

Vestibular neo-urethra

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Vestibular neo-urethra



Construction of membranous urethra













Construction of membranous urethra & clitoral fixation

























Harvest & placement of buccal mucosa



Urethral fistula/stricture

Anastomosis of penile and membranous urethra









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Conclusion

•Urethral reconstruction may require additional procedures

•Results suggest traditional techniques are viable treatment options

•Single and two stage urethroplasty with buccal mucosa are both viable options in the management of urethral strictures and fistulas after phalloplasty