

Start	End	Topic	Speakers
09:30	09:40	Welcome and Introduction	An-Sofie Goessaert
09:40	10:00	Nocturia, what, when and how? Moderated by Roger Dmochowski and Jerry Blavias - Definitions	Hashim Hashim
10:00	10:20	Causalities	Wendy Bower
10:20	10:45	Renal physiology + vasopressin	Johan Vande Walle
10:45	11:10	LUT	Jeffrey Weiss
11:10	11:40	Break	None
11:40	12:05	Kidney	An-Sofie Goessaert
12:05	12:30	Endocrine (menopause)	Dudley Robinson
12:30	13:30	Break	None
13:30	13:55	Causaities, their diagnosis and therapy: Moderators: Paul Abrams and Andrea Tubaro - Sleep	Donald Bliwise
13:55	14:20	Cardiovascular (edema, hypertension, Heart failure)	Dirk Vogelaers
14:20	14:45	Intake (obesity, MetSy and LUTS)	Salvador Arlandis
14:45	15:10	Older people (medication, falls,...)	Adrian Wagg
15:10	15:30	Therapy of nocturia (excl antidiuresis)	Alan Wein
15:30	15:50	Patient oriented algorithm (incl antidiuresis)	An-Sofie Goessaert
15:50	16:00	Nocturia and the ICS, future, wrap up	Sherif Mourad

Aims of Workshop

Validity of the newly developed ICS patient oriented nocturia guidelines. From bench to bedside is split in from bench to guideline and from guideline to bed. It is clear that the second part is neglected and the reason why guidelines are not used, not read, so just used as easy citations. Each guideline should be followed by an educational pathway which is patient oriented and real life. Each lecture-time includes 5-10 min discussion and should be case based simulations and consensus driven education, content fully determined by the speaker.

Learning Objectives

Understand multicausal nocturia

Target Audience

Urology, Urogynaecology, Conservative Management

Advanced/Basic

Intermediate

Suggested Learning before Workshop Attendance

International Continence Society (ICS) report on the terminology for nocturia and nocturnal lower urinary tract function, DOI: 10.1002/nau.23917