



**ESSIC**  
INTERNATIONAL SOCIETY  
FOR THE STUDY OF BPS



**CONVERGENCES PP**  
CONVERGENCES IN PELVIPERINEAL PAIN  
CONVERGENCES EN DOULEUR PELVI PÉRINÉALE  
CONVERGENCES NEL DOLORE PELVICO PERINEALE

# ESSIC-CONVPP

JOINT MEETING

**23-25 OCT 2025**

MEETING CHAIRS:  
MAURO CERVIGNI , ERIC BAUTRANT

# MILAN ITALY

With the Patronage of



Società Italiana di Urologia  
Continenza Neuro-Urologia Pavimento Pelvico  
[www.siu.it](http://www.siu.it)





### Welcome message from the Meeting Chairs

Dear Colleagues,

It is with great pride and enthusiasm that we welcome you to the ESSIC – Convergences PP Joint Meeting 2025, to be held in the vibrant city of Milan, October 23–25, 2025.

As Presidents of the congress and representatives of leading scientific societies in the field, we are honored to host this exceptional gathering dedicated to one of the most challenging and multidisciplinary areas of medicine: Interstitial Cystitis/Bladder Pain Syndrome (IC/BPS) and Chronic Pelvic Pain (CPP).

This congress represents a landmark event—a unique opportunity to bring together clinicians, researchers, and healthcare professionals from across the globe to share insights, present groundbreaking research, and shape the future of IC/BPS and Pelviperineal pain management. With a programme designed to bridge specialties and foster collaboration, this is truly an event that no one with an interest in this field can afford to miss.

Across three dynamic days, participants will have the chance to attend state-of-the-art lectures, expert panel discussions, live clinical case sessions, and interactive workshops.

Set in Milan, a city known for its rich history, cultural energy, and medical excellence, this congress also offers the perfect setting for networking, exchange of ideas, and building long-term collaborations.

We look forward to welcoming you in October 2025 and to advancing, together, the science and care of patients living with pelvic pain.

Mauro Cervigni - Eric Bautrant

Thursday October 23rd

**10.30 – 11.20 | Registration**

**11.20 – 11.30 | Introduction**

A. Levesque, E. Bautrant, M. Cervigni

**11.30 – 11.40 | Tribute to the Fathers of Pain Research**

JJ. Wyndaele

**11.40 – 13.10 | JOINT SESSION: PELVIC VISCERAL PAIN AND SENSITIZATION**

Moderators: A. Levesque, A. Carbone

- |       |  |               |
|-------|--|---------------|
| 11.40 | From Rectal Dysfunction to Rectal Chronic Pain             | M. Beer Gabel |
| 11.55 | From Bladder Pain Syndrome to central sensitization        | T. Tarcan     |
| 12.10 | From Dysmenorrhea to Uterine Dysfunction and Sensitization | E. Bautrant   |
| 12.25 | From Pelvic Sensitization to the Convergences PP score     | A. Levesque   |
| 12.40 | Peripheral Pain Mechanisms                                 | J.J. Wyndaele |
| 12.55 | Discussion   |               |

**13.10 – 14.10 | Break**

**14.10 – 15.40 | ESSIC SESSION – Basic Science**

Moderators: R. Moldwin, A. Pastore

- |       |   |                |
|-------|---|----------------|
| 14.10 | Mast Cell Dysfunction: Local and Peripheral Roles in IC/BPS             | T. Theoharides |
| 14.30 | Gene Expression in IC/BPS   | Y. Akiyama     |
| 14.45 | Ketamine Cystitis and Radiation Cystitis: Pathophysiological Mechanisms | D. Janssen     |
| 15.00 | Keynote Lecture: Regenerative Medicine in IC BPS                        | M. Cervigni    |
| 15.20 | Discussion  |                |

**15.40-16.10 | Coffee Break**

**16.10 – 17.40 | CONV PP SESSION: CHRONIC POST-OP PAIN**

Moderators: E. Bautrant, P. Richebé

- |       |  |             |
|-------|--|-------------|
| 16.10 | Surgery-Induced Pain Sensitization: Mechanisms, Research Findings and Clinical Applications                    | C. Rivat    |
| 16.30 | Keynote Lecture: How to Select Patients at Risk. Prevention and Treatment of the Chronic Post-Op Pain Syndrome | P. Richebé  |
| 16.50 | Chronic Post-Op Pain after Prolapse and Incontinence Surgeries: Results of the Vigimesh Survey                 | E. Bautrant |
| 17.05 | Surgery-Induced Pain Sensitization: A new approach for Surgeons  | S. Ploteau  |
| 17.20 | Discussion   |             |

**17.40 – 18.40 | Abstract Session 1 - (5min presentation & 2 min discussion – 9 abstracts)**

Moderators: N. Mishra, A. Zaitcev

- 1 Validation of a new Symptom Index to Assess Female Genitourinary Pain  
*Penza State University, Department of Urology, Penza, Russian Federation*
- 2 Assessing the Role of Urodynamic Studies in Bladder Pain Syndrome/Interstitial Cystitis: Insights from a Retrospective Cohort at a Regional Referral Centre  
*Torelli Fabrizio, Fantini Gemma Viola, Nedbal Carlotta, Tramanzoli Pietro, Galosi Andrea Benedetto, Gregori Andrea*
- 3 Myofascial Pelvic Pain and Other Comorbidities in Patients with Endometriosis  
*Valdes-Bango Curell Marta, Quintas Marques Lara, Box Carla, Gracia Meritxell, Rius Mariona, Carmona Francisco, Martinez Zamora Maria Angeles*
- 4 Assessing characteristics that determine a favorable response to intravesical anesthetics in the treatment of interstitial cystitis/bladder pain syndrome

*Tran Derek, Moldwin Robert*

- 5 Management of Hunner-type Interstitial Cystitis in the Absence of National Guidelines: A Survey of Russian Urologists

*Karasev Aleksandr, Plekhanova Olga, Nomovir Timur, Kasyan George, Pushkar Dmitry*

- 6 Ultrasound-Guided Nerve Blocks for Neuropathic Pelvic Pain After Inguinal Hernioplasty: A Case Report and Rehabilitation Perspective

*Paba Ana Belen, Cantador Hornero Marta, Luna Franscico*

- 7 Intravesical Hyaluronic Acid vs Amitriptyline for Bladder Compliance in IC/BPS

*Tsionga Aikaterini, Antoniadis Georgios, Samarinas Michael*

- 8 Surgical Outcomes in Patients with Ketamine-Induced Uropathy: An Explorative Prospective Cohort Study

*Dewez Jill, Moris Lisa, Voets Thomas, Van der Aa Frank, Everaerts Wouter*

- 9 Evaluation of an App-Based Structured Behavioral Therapeutic Program for IC/BPS: Insights from a Pilot Study

*Tanisha Sheth, Rajesh Taneja, Amita Jain, Amit Aggrawal, Tanvir Singh*

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Friday, October 24th

### 08.15 – 10.45 | ESSIC WORKSHOPS

#### 08.15-09.30 **WS 1 | How I do it**

**Coordinators:** R. Moldwin, V. Li Marzi

08.15	Cysto-hydrodistension	M. Cervigni
08.35	Painless Office Cystoscopy	R. Moldwin
08.55	Hydrodistention in or out of the OR	R.C. Doiron
09.05	Bladder Fulguration	H. Lai
09.15	Botulinum Toxin Injection for Bladder Pain	C. Riedl
09.25	Discussion	

#### 09.30-10.45 **WS 2 | Guidelines in BPS**

**Coordinators:** M. Cervigni, S. Malde

09.30	Introduction	M. Cervigni
09.35	Rationale	S. Malde
09.55	Diagnostic	Y. Akiyama
10.05	Hystopathology	K. Lako
10.15	Treatment 1	M. Samarinas
10.25	Treatment 2	D. Janssen
10.35	Discussion	

### 08.15 – 10.45 | CONVPP WORKSHOPS

#### 08.15-09.30 **WS 1 | Guidelines in Chronic Pelvic Pain and Endometriosis**

**Chair:** A. Levesque, L. Quintas Marquez

08.15	Guidelines and recommendations	A. Levesque
08.35	Pain evaluation vs endometriosis lesion	A. Levesque
08.55	Hormonal treatment and its role in the control of the pain	L. Quintas
09.15	Discussion	

#### 09.30-10.45 **WS 2 | Pain and endometriosis: Clinical situations**

**Chair:** O. Porta

09.30	Comorbidities	O. Porta
09.50	Physiotherapy	A.F. Planté
10.10	Surgical procedures	
10.30	Discussion	

### 10.45 – 11.15 | Coffee Break

### 11.15 – 12.30 | JOINT SESSION: BOTULINUM TOXIN IN CPP

**Moderators:** S. Ploteau, C. De Nunzio

- |       |   |               |
|-------|---|---------------|
| 11.15 | Pain and Botulinum Toxin                              | E. Viel       |
| 11.30 | Botulinum Toxin injections in CPP and Endometriosis   | E. Baurtant   |
| 11.45 | Botulinum toxin injection in Urethral pain and IC/BPS | A. Pinto      |
| 12.00 | Botulinum toxin injection in Hypertronic Pelvic Floor | G. Del Popolo |
| 12.15 | Discussion  |               |

### 12.30 – 13.20 | Abstract Gold (best scored abstracts - 5min presentation & 2 min discussion – 5 abstracts)

**Moderators:** K. Whitmore, C. Riedl

- 10 Corneal confocal microscopy as a marker of small fiber neuropathy in patients with chronic pelvic pain syndrome: stability of changes with treatment  
*Krotova Natalia, Malinina Olga, Loktev Artem, Sizova Maria*
- 11 Managing Sexual Health in Women with Bladder Pain Syndrome: Review of Guidelines  
*Enaux Jennifer, Vittorio Kaiser Adergicia, Kobleder Andrea, Knecht Christiane*
- 12 Validation of a Severity Classification System for Hunner-type Interstitial Cystitis  
*Niimi Aya, Homma Yukio, Akiyama Yoshiyuki*
- 13 Intravesical Instillation of Platelet-Rich Plasma in Interstitial Cystitis/Painful Bladder Syndrome Treatment  
*Galkina Natalia, Galkin Alexey*
- 14 Vulvar Vestibule Radiofrequency And Electroporation Ameliorates Vulvar Symptoms In Women With Vulvodynia  
*Azzalini Stefania, Dell'Anna Tiziana, Sicuri Martina, Brunetti Federica, Saettini Francesco, Marra Chiara*

13.20 – 14.00 Light Lunch

### 14.00 – 15.30 | CONVPP SESSION: POST-TRAUMA CPP

**Moderators:** C. Rivat, O. Porta

- |       |   |                    |
|-------|---|--------------------|
| 14.00 | Traumas and nociplastic pain in CPP: neurobiological aspects of the induced sensitization                       | C. Rivat           |
| 14.20 | Sexual Abuses, PTSD and CPP   | M. Cid             |
| 14.35 | Multidisciplinary approach of the post-trauma CPP   | L. Van Der Hoeden  |
| 14.50 | Bladder dysfunction and sexual assault. CPP and PTSD assessment and treatment for pelvic floor Physiotherapists | A.F. Planté        |
| 15.05 | How to detect and manage the trauma in CPP patient  | A. Masselin-Dubois |
| 15.20 | Discussion  |                    |

### 15.30-16.00 Sponsored Session – NON CME

See page 9 for details

### 16.00 – 16.20 Keynote Lecture

Small bladder capacity: a new phenotyping in IC/BPS? G. Badlani

### 16.20 – 16.45 | Coffee Break

## 16.45 – 18.45 | ESSIC SESSION Treatments

Moderators: S. Malde, Y. Akiyama

16.45	New immunological approaches	T. Theoharides
17.00	Fybromyalgia: the best approach	R. Casale
17.15	Bladder instillation: what's new?	M. Samarinas
17.30	New concepts of drug delivery	M. Chancellor
17.45	Complementary alternative management	K. Whitmore
18.00	The Role of Physiotherapy	J. Fariello
18.15	IC/BPS and Sexual Disorders Management	A. Padoa
18.30	Discussion	

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Saturday, October 25th

## 08.00 – 08.45 | ESSIC AGM

### 08.45 - 10.00 | JOINT SESSION: NEUROMODULATION IN CPP

Moderators: J. de Andres, A. Giammò

08.45	Pudendal Neuropathic Pain, How to Treat: Peripheral Nerve vs DRG or spinal cord neurostimulation	J. de Andres
09.00	Neuromodulation vs intra-thecal programmable Pump in neuropathic chronic pelvic pain	A. Balossier
09.15	Neuromodulation in BPS/IC	B. P. Fernandez
09.30	Tibial Nerve Stimulation	E. Finazzi Agrò
09.45	Discussion	

### 10.00-10.30 | Abstract Session 3

Moderators: T. Theoharides, M. Samarinas

- 15 Clinical and Comorbidity Profiles of Female Patients with Chronic Pelvic Pain: A Retrospective Single-Center Cohort Study  
*Nomovir Timur, Plekhanova Olga, Karasev Alexander, Kazakov Nikita, Zaitcev Andrew, Faradzhullaeva Valerie, Kasyan George, Pushkar Dmitry*
- 16 Unclipping the mystery: a rare cause of chronic pelvic pain  
*Mohapatra Ipsita, Jena Saubhagya Kumar, Samantaray Subha Ranjan*
- 17 Chronic Urinary Frequency and Nocturia Revealing Hunner Lesion Disease: A Diagnostic Challenge  
*Kolvatzis Merkourios, Kolioulis Ioannis, Samarinas Michael*
- 18 Clinical Profile, Symptom Structure, and Comorbidity in Male Patients with Chronic Pelvic Pain: Single-Center Experience  
*Nomovir Timur, Plekhanova Olga, Faradzhullaeva Valerie, Zaitcev Andrew, Kasyan George, Pushkar Dmitry*

10.30-11.00 Coffee Break

### 11.00-12.15 | SURGERY IN CPP – VIDEOS

Moderators: A. Pessarodona, N. Lemos

11.00	Cystoscopy & AI	T. Ueda
11.15	Laparoscopic management of Pelvic Pain	N. Lemos
11.30	Management of PNE with transgluteal neurolysis	S. Ploteau
11.45	Management of PNE with laparoscopic neurolysis	E. Baurtant
12.00	Discussion	

## 12.15 – 13.45 | ESSIC & CONV PP Meet the Patients – NON CME

Moderators: E. Viel

The role of pain therapist

e-Urogen ERN

IC/BPS Pats Advocates:

CPP Pats advocates: Vulvodynia Ass, Fibromyalgia Ass, AISD, TOPP

AIUG,

S. Natoli

M. Battye

J. Meijlink, L. Nasta

E. Bertolucci

**Great Debate:** Is it time for an international registry of patients with

IC/BPS or pudendal neuropathy?

*M. Cervigni, E. Bautrant, R. Moldwin, A. Levesque, G. Badlani, M. Battye*

## 13.45-14.00 Closing Ceremony & Abstract Awards Break

### FACULTY

Yoshiyuki Akiyama

Rui Almeida Pinto

Gopal Badlani

Anne Balossier

Michelle Battye

Eric Bautrant

Marc Beer Gabel

Elena Bertolucci

Antonio Carbone

Roberto Casale

Mauro Cervigni

Marie Cid

José de Andres

Cosimo De Nunzio

Ubaldo Del Carro

Giulio Del Popolo

Cristopher R. Doiron

Jennifer Fariello

Enrico Finazzi Agrò

Alessandro Giammò

Dick Janssen

Henry Lai

K. Lako

Nucelio Lemos

Amelie Levesque

Vincenzo Li Marzi

Sachin Malde

Anne Masselin-Dubois

Jane Meijlink

Nagendra Mishra

Robert Moldwin

Loredana Nasta

Silvia Natoli

C. Nickel

Barbara Padilla-Fernandez

Anna Padoa

Antonio Pastore

Antoni Pessarodona

Anne Florence Planté

Stéphane Ploteau

Lara Quintas

Oriol Porta Roda

Thibaut Riant

Philippe Richebé

Claus Riedl

Cyril Rivat

Michael Samarinas

Theoharis Theoharides

Tufan Tarcan

Tomohiro Ueda

Laura Van Der Hoeden

Eric Viel

Kristene Whitmore

Jean Jacques Wyndaele

Zeitcev Andrew

## GENERAL INFORMATION

### VENUE

#### Hotel dei Cavalieri | Piazza Giuseppe Missori, 1, 20123 Milano MI

Hotel dei Cavalieri Milano Duomo is conveniently located in Piazza Giuseppe Missori, 1, just 200 meters from Piazza Duomo. The hotel is easily accessible via public transport, with the Missori metro station (M3 line) and the 12, 15, 16, 24 trams nearby. Linate Airport is connected to Milan city centre by the M4 underground line. From Linate Airport take the M4 line and get off at the Sforza Policlinico stop. The hotel is about 5 minutes' walk from Sforza Policlinico. Taxis are readily available from the Linate airport or Milan Central station, with an estimated travel time of 25 minutes. The distance from Malpensa Airport is of about 50 minutes by car and 1h 10 minutes by train shuttle.

### ABSTRACT SUBMISSION

All abstracts must be submitted from 15th May 2025 to 30th June 2025, 23.59 CET through the On-line Abstract Submission System. Abstracts must be original and should not have been published or presented at any conferences prior to ESSIC/CONV-PP Joint Meeting. Accepted abstracts will be published in the Online Abstract Book.

All abstracts will be reviewed by the Scientific Programme Committee of the Conference and reviewing results will be announced by emailing a notice of acceptance/rejection to corresponding authors by 10th July 2025. Instructions for podium/poster presentation will be sent to presenting authors of accepted abstracts. Thus, presenting authors must register and pay registration fees before Pre-registration Deadline to ensure their presentation rights.

Abstract Agreement: If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions: Present your Abstract in the session and format assigned to you by the Scientific Committee, Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

### UEMS EACCME ACCREDITATION

An application has been made to the UEMS EACCME® for CME/CPD accreditation of this event.

### REGISTRATION

Online registration will be available from April 30<sup>th</sup> 2025 at <https://www.essicmeeting.eu/> to October 15<sup>th</sup>. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

### REGISTRATION FEES

	From April 30 <sup>th</sup> to July 15 <sup>th</sup>	From July 15 <sup>th</sup> to Aug 31 <sup>th</sup>	After Aug 31 <sup>st</sup>
<i>MD, MhD – Non-Members</i>	€ 350,00	€ 400,00	€ 450,00
<i>MD, MhD – Members</i>	€ 280,00	€ 330,00	€ 380,00
<i>Nurse &amp; Care Workers – Non-Members</i>	€170,00	€220,00	€ 300,00
<i>Nurse &amp; Care Workers – Members</i>	€ 150,00	€ 200,00	€ 250,00
<i>Students, Residents, Patients - Members</i>	€ 80,00	€ 80,00	€ 120,00
<i>Students, Residents, Patients – Non-Members</i>	€ 80,00	€ 80,00	€ 180,00

\*Registration Fee is meant for each person, in Euros, VAT free. The registration fee includes certificate of attendance, coffee breaks and lunch. For group registration, please contact the Organizing Secretariat in order to take advantage of registration package. Please note that seating is limited and will be on a first-come, first-served basis.

Workshop rates: 50,00 for members, 80,00 Euros for non-Members.

The above registration fees are reserved to physicians, patients and other healthcare professionals.

Industry representatives, non-sponsoring the Congress but willing to attend, are kindly invited to register online by selecting the dedicated fee €800,00.

On site rates will be charged to registrations received after 31 Aug. Registration fees are 50% refundable of the total amount before 31st July. After 31st July 2025, no refund will be possible. Lunch is not provided on Thursday and Saturday.

### HOTEL

For hotel reservations participants can contact the Meeting Venue, Hotel dei Cavalieri, directly at <https://www.hoteldeicavalieri.com/>

Friday, October 24th

**15.30 – 16.00 EPITECH Symposium**

Title: Neuroinflammation: the link between Male Pelvic Pain and Mood Disorders

Speaker: Enrico Ammirati